Welcome to the April 2014 Edition of the Newsletter brought to you by Hethersgill Parish Council.

PARISH MEETING

The Annual Parish Meeting will take place at 7.30pm on Tuesday 6th May 2014 in the Parish Hall, Hethersgill. We would like to see as many parishioners there as possible to discuss the matters that are affecting you. If you have any items you would like placed on the agenda please don't hesitate to contact the Clerk on 016977 2769 or via email at clerk@hethersgill-pc.org.uk. Any matters relevant to the Parish can be discussed — we look forward to seeing you there.

ANNUAL REPORT

We are very pleased to enclose for you the Annual Report for the Parish Council for 2013/14. This comprises the Chairman's report and annual accounts—if you have any questions on them please get in touch. Please note the accounts are not yet verified or audited so are subject to change.

BROADBAND PUBLIC MEETING

Over 20 people were in attendance at the public meeting we recently held to discuss the provision of superfast broadband in the parish. You will notice that we have enclosed a questionnaire relating to broadband with this newsletter. We would urge you to complete and return this to us. You can either post replies to us at Hill House, Walton, Brampton, CA8 2DY or you can return via email to clerk@hethersgill-pcl.org.uk (a copy of the questionnaire is downloadable from the website www.hethersgill-pc.org.uk). You can also hand back the completed questionnaire to any Parish Councillor.

PARISH HALL CAR PARK

We are delighted to report that the re-surfacing has now been completed at the Parish Hall. We hope you agree the project has been a great success and greatly improved the access. Work to continue to upgrade the Hall will continue into next year with proposed plans to refurbish the gents toilets in the pipeline.

RURAL WHEELS

Rural Wheels provides door-to-door transport for people who do not have, or are unable to access scheduled transport. The service can be used for a variety of purposes including:

- Making connections with buses or trains
- Doctor, Dentist or Optician appointments
- Visiting friends or family in hospital
- Shopping
- Visiting friends or family

It does not duplicate other County Council transport provision and therefore cannot be used for transport to day care, school, nursery or college and cannot be used for hospital appointments/treatment if Patient Transport is available. If you need transport to get you to your hospital appointment please check your eligibility for Patient Transport by contacting the Patient Transport Service run by North West Ambulance on 0800 032 3240.

Rural Wheels uses a 'Smartcard' to pay for travel and a central booking system to plan journeys. Passengers need to apply for the Smartcard before they are able to travel. The value of the Smartcard can be topped up with the transport provider or alternatively at local post offices (including Brampton Post Office), libraries and mobile libraries. It can be topped up by £5, £10 or £20 per time. Transport requests must be booked by telephone before noon the day before travelling and passengers may be asked to be flexible about their travel time and also to share transport which will be at a reduced fare.

Further information on the service can be obtained by telephoning 0845 602 3786 or by emailing integrated.transport@cumbria.gov.uk

FOOTBALL PITCH?

The Black Lion Pub are looking for a field to rent to act as the ground for a football team. The Pub would sort the land out to make it a suitable venue. Can you help with this? Stephen at the Black Lion would love to hear from you if you are able to—please contact him directly at: blacklionhethersgill@hotmail.co.uk or by telephoning 07500048377 (mob) or 01228-675318.

DELIVERIES

There have been a number of collisions at the crossroads at Hethersgill. The Parish Council are consulting with Cumbria Highways about any solutions that could be looked at to help reduce these, however could we please ask that if you are ordering goods that may be delivered by articulated vehicles that you mention the restricted access if you are given the opportunity. With the increased use of satellite navigation drivers who are not familiar with the area are using the crossroads which are not suitable—perhaps a mention on any order forms could help prevent these accidents?

YOUR ADVERT COULD APPEAR HERE!

If you would like to advertise in the Gill please contact Sarah on 016977 2769 for further information. We post directly to every household in the parish of Hethersgill so could make the perfect advertising medium to promote your business or event.

North Cumbria Business Services

Your one stop location for Office support including; IT Training, Bookkeeping and Independent Audit.

Rapid response and reasonable charges.

Contact Val on 016977 41135, 07729 057876 or email valerie.swan@virgin.net

Judy Prest represents our Parish at Carlisle City Council. If you have a City Council related issue which you wish to raise she can be contacted at: 016977 41319 or JudyP@carlisle.gov.uk

John Mallinson is your local County Councillor. If you have a County Council related issue which you wish to raise he can be contacted at:

01228 533746 or john.mallinson@cumbria.gov.uk

SCAMS

There are numerous scams circulating our area at all times. The Police advise anyone who suspects a scam, or who has been the victim of a scam, to report it to them on www.actionfraud.police.uk or 0300 123 2040. The charity Think Jessica (www.actionfraud.police.uk or 0300 123 2040. The charity Think Jessica (www.thinkjessica.com) provides a lot of useful advice about scams. Their 12-page booklet, 'Scam mail is blackmail, is particularly useful and covers: lottery and prize draw scams, clairvoyant scams, catalogue scams, courier scams, bank / building society scams and more. You can order a free hard copy of this booklet by writing to:

Think Jessica,
PO Box 4442,
Chesterfield
544 9AS. (Please enclose a 2nd class stamp)
or by emailing advice@thinkjessica.com.

PARISH COUNCIL MEETINGS

The dates for our Parish Council meetings in 2014 are set to take place as follows:

Tuesday 8 July 2014 Tuesday 9 September 2014 Tuesday 11 November 2014

We sometimes need to change the date due to unforeseen circumstances but we always post the official notice of the meeting date on the noticeboard three clear working days in advance. Additional meetings are also called when necessary for urgent business, such as planning applications.

MARK NIELD WEALTH MANAGEMENT WEALTH MANAGEMENT CONSULTANTS

A wealth of expertise on your doorstep

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning Retirement planning
- Inheritance Tax planning

For further details contact Mark Nield on:

Tel: 07825 634029

Email:mark.nield@sjpp.co.uk Website: www.marknieldwm.co.uk

CUMBRIA GATEWAY HANDYMAN SERVICE

In conjunction with Cumbria County Council and the Neighbourhood Care Independence programme the Handyperson scheme is design to help Cumbrian residents with small repairs in their homes and gardens.

Professional, friendly service and 100% reliable using fully vetted handymen/women.

Attractive and competitive rates with fixed charges on viewing job, no call out charge to assess work required. Fixed appointment times.

Things that need fixed, fitted, repaired, filling, sealing or hanging. This is exactly that the 'Handyperson Scheme' specialises in - they are the small job experts.

Call Cumbria Gateway on 01228 524450 or 077785 29232 for more information or an informal chat.

CEILIDH

A ceilidh with music provided by local band Jiggery Pokery will take place at the Dacre Hall, Lanercost on 25th April. Tickets are $\pounds 6$ each and can be purchased from Elizabeth Harding on 016977 2583.

RECYCLING

Although it may seem like common sense, could we please respectfully ask that when recycling cardboard you squash the boxes down first please? Your assistance with this is very much appreciated to ensure that we can fit the maximum capacity of recycling waste in. Thank you.

PROFESSIONAL QUALITY CLEANING

Friendly reliable and proactive cleaner

Large houses and small, commercial cleaning considered, weekly cleaning, one off "spring cleaning", after builders cleaning

References available

Call Amanda on 07707069652, 01228 576073 or email amanda7parker@yahoo.com

NEIGHBOURHOOD CARE INDEPENDENCE

If you are looking for support to help you stay independent at home then help is just a phone call away.

If you need a service that will help you stay in your own home for as long as possible or want to know what help or support is in your community then you can ring a dedicated helpline to find out more. You may alternatively have a family member who wants to know about the support available. By telephoning 0844 967 1855 to you can find more about:

- Equipment to support daily living including buying and hiring wheelchairs, commodes, grab rails and more
- Practical support following a stay in hospital
- Handyperson Service for Small repair or DIY jobs in the home (see our previous article)
- Opportunities for sharing experiences, befriending and keeping involved and active in your area
- Hearing Aid maintenance
- Volunteering Opportunities to meet other people

There is also general information and advice on a wide range of issues included:

- Money—information on entitlements
- Home Equipment and Adaptations to make life easier
- Healthy Living Advice

To find out more either call the helpline or email info@ncip.org.uk

BRAMPTON BUSINESS HUB— OFFICE FACILITIES ON YOUR DOORSTEP

Cumbria is one of five regions to benefit from a national project to provide a Rural Growth Network to assist areas like Cumbria to overcome economic barriers to sustained growth. The Brampton Hub is part of this ground breaking project to support local businesses. The Hub provides a central point for support, advice, access to technology, conference facilities and meeting rooms. If you are a business owner or manager looking to grow your business or are looking to start your own business, Brampton Business Hub can support you in achieving your goals.

They offer a suite of dedicated PC's with access to fast broadband, conference and meeting room facilities for up to 30 people, smart board and video conferencing technology, training and access to people across Cumbria who can help answer your business questions. Much of this is offered free of charge.

So if you need a letter typed or need to do some research or need a place

to have a meeting or would just simply like to network with other businesses in the area then the Brampton Business Hub offers you a one stop shop to all of this. Please call in or email the Hub Manager if you information further fionajo@bramptoncommunitycentre.org.uk or telephone: 016977 45023.

NEWSLETTERAND WEBSITE

Could you receive an emailed copy of this newsletter instead of this printed version? To help us cut costs and to be more environmentally friendly we would like to see as many households as possible receive an electronic version in the future. If you are willing to then please email clerk@hethersgill-pc.org.uk with your home address and we will ensure you are added to our mailing list. We do keep all previous editions of the newsletter on the website too in case you need to refer back to them. All of the minutes and lots of other useful documents can be found on there as well so don't forget to check it regularly at www.hethersgillpc.org.uk.

SUMMER CHILDRENS PLAY SCHEMES

Two of our neighbouring parishes are offering summer play schemes this year — places are available to all children aged between 5 and 12 years old so if you are looking for some summer activities or low cost childcare then the days may be of interest. The Cumbrian Sports and Physical Activities Foundation will provide play days in Scaleby Village Hall on Tuesday 5th, 12th and 19th August. Days will also be provided in Walton Village Hall on Thursday 7th, 14th and 21st August. All days take place between 10am and 3pm. Children need to bring their own packed lunch. Each day is priced at only £3 per child. Please check out the website of the Cumbrian SPAAF (www.cumbrianspaaf.com) for full booking details or information on other nearby halls offering similar days.

CUMBRIA COMMUNITY MESSAGING

Are you registered with Cumbria Community Messaging? The service offers people across Cumbria the means to receive information from agencies in the County tailored to their particular preferences for content, priority and means of communication. It is a web



based system and registration is quick, simple and completely free. Currently the partners providing information are Cumbria County Council, Cumbria Fire and Rescue Service, Cumbria Constabulary, and Cumbria Neighbourhood Watch Association, There are no contracts, costs or obligations of any kind and you can chose to receive information via email, For phone, information more www.cumbriacommunitymessaging.co.uk.

Parish Councillors, your Clerk & Useful Contacts

Chair	Cllr H Kay	675910
Vice Chair	Cllr A Sisson	675378
	Cllr J Eaton	675136
	Cllr N Elliott	675336
	Cllr F Heaton	675516
THE STATE OF THE S	Cllr G Houston	675212
Read	Cllr M Kay	675910
	Cllr A Gash	675562
	Cllr A Oswin	675684
Clerk	Sarah Kyle Hill House, Walton, Brampton, CA8 2DY	016977 2769

REALLY USEFUL INFORMATION

Mobile Post Office

The van visits Hethersgill every Wednesday morning between 10.45am and 11.00 am.



Highways Hotline



Report holes in the road, floods, fallen trees, broken signs, faulty street lights etc. to the hotline **0845 6096 609**. You can also report faults using an on-line form at www.cumbria.gov.uk

Recycling





Comments about the Gill

We welcome comments about the newsletter or any topic - please contact:- Sarah at clerk@hethersgill-pc.org.uk.